



Women and Perinatal Community Resource Directory

First Steps Perinatal Day Treatment Program

**1251 Onstott Road
Yuba City, CA 95991
(530) 822-7263**

Monday - Friday 8:00 AM to 5:00 PM

Offers intensive day treatment for mothers struggling with substance abuse. Individual and group counseling, parenting, basic life skills, anger management, evidenced based curriculum. Child care cooperative provided on site for infants and preschool aged children. Admittance preference is given to women who are pregnant injecting drug users, pregnant substance abusers, women with dependent children.

Salvation Army Depot (Family Crisis Center)

408 J Street

Marysville, CA 95901

(530) 216-4530

Salvation Army Depot/Family Crisis Center is a treatment facility in Marysville, California which specializes in substance abuse services and mental health services. They provide residential short-term treatment and residential long-term treatment options for those who enroll.

It has programs catering to particular demographics, such as persons with mental and substance abuse disorders, GLBT, seniors/older adults, criminal justice clients, people who have

experienced intimate partner violence or other domestic violence, people who have experienced sexual abuse, and veterans.

Community Recovery Resources

180 Sierra College Drive

Grass Valley, CA 95945

(530) 273-9541

Outpatient Hours: Monday – Friday 9:00 AM to 9:00 PM

Residential Hours: 24 hours day, 7 days a week

www.corr.us

The Grass Valley Campus offers comprehensive substance abuse treatment in a beautiful environment in the Sierra Nevada foothills. On three acres adjacent to a golf course and walking trails, the Campus provides unique programs for men and women, including special programs for women with young children. Whether you are seeking an alcohol treatment center, inpatient drug rehab, or other supports like outpatient substance abuse treatment and DUI classes, the Campus provides quality, affordable options to improve overall health and help you succeed in long-term sobriety.

Teen Challenge

(530) 751-9511

Twin Rivers Crisis Center for Women

Every woman and moms with children start their program at the Twin River Crisis Center. They stay here for the probationary phase of the program (four to six weeks) as they begin to transition into their new life and the discipleship process. Once they are finished at the crisis center they will transfer to our long-term training center, the Happy Valley Women and Children's Center to complete the 13 to 16 month program.