



COLUSA COUNTY DEPARTMENT OF BEHAVIORAL HEALTH SAFE HAVEN WELLNESS AND RECOVERY CENTER

124 E. WEBSTER STREET • COLUSA, CALIFORNIA 95932 • PHONE: (530) 458-0799



June 2022

Group and Event Calendar

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	CLOSED on Sat. & Sun.
 9AM: Loving Movements (weekly)	 10AM: Setting the Tone (weekly)	 10AM: Setting the Tone (weekly)	 10AM: Setting the Tone (weekly)	 10AM: Arts and Crafts (weekly)	Schedule of Events 6/1 – Meet BH Director – 3pm 6/2 – CLOSED 12:30 – 4pm 6/14 – June Birthdays 12:30pm
 10AM: Life's Journey (weekly)	 11:30AM: Healthy Habits (weekly, starting May 10 th)	 11:30AM: Wellness and Recovery Support (6/15, 6/22 & 6/29)	 11AM: Cultural Exploration (2 nd and 4 th weeks of the month)	 1PM: Wellness and Recovery Support (6/3 & 6/10)	
 11AM: Money Management (3 rd week of the month)		2PM: S.H. LEADERSHIP MEETING (2 nd week of the month)	 11:30AM: Animal Facts (1 st and 3 rd week of month, starting May 19 th)	 1PM: Senior Connection (weekly, starting 6/17)	 Member led group



* 1:00PM – 4:00PM Daily activities of puzzles, board games, word searches, and more!