

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 November activity and group calendar BRIGHT VISTA		 1 Life Skills 4pm - 5pm	 2 GC/BC Activities 4pm - 6pm		 4 Arts & Crafts 4pm - 5pm	
 6	 7 Yoga 4pm - 5pm		 9 Colusa County Youth Council 4pm- 6pm	 10 Cultural Exploration 4pm - 5pm	 11	
 13	 14 Yoga 4pm - 5pm	 15 Life Skills 4pm - 5pm		 17 Therapeutic Art 4pm - 5pm		 19 Cooking 101 12:00pm
 20	 21 Yoga 4pm - 5pm		 23 Feast with Friends 2pm	 24	 25	
 27	 28 Yoga 4pm - 5pm	 29 Life Skills 4pm - 5pm		 1 Therapeutic Art 4pm - 5pm		

OPEN: Mon., Tues., Thurs., Fri. 3pm - 6pm, Wed. 2pm - 6pm, Sat. 11am - 3pm

530-458-0755