

OUR MISSION

The mission of Safe Haven is to:

- increase informal support for community members who are focusing on improving their mental health functioning and recovery from substance use disorders,
- reduce social isolation through peer-to-peer interaction
- promote mental health and substance use awareness,
- reduce stigma within the community, and
- advocate for and empower others to progress toward wellness and recovery.



If you are in need of outpatient mental health or substance use disorder services, please call Behavioral Health at 530-458-0520 to schedule an intake appointment.

Colusa County Behavioral Health
162 East Carson Street
Colusa, CA 95932
Phone: (530) 458-0520
24 Hour Crisis Line: 1-888-793-6580



WELLNESS • RECOVERY • RESILIENCE

Colusa County Behavioral Health

Safe Haven Wellness & Recovery Center



124 East Webster Street
Colusa, CA 95932
530-458-0799
Hours of Operation:
Monday - Friday 9:00am to 4:00pm



ABOUT US...

Anyone 18 years of age and older is welcome to become a member. We do not discriminate against race, ethnicity, sex, age, religion, sexual orientation or disability. Safe Haven is a drug and alcohol free environment that helps members focus on wellness and recovery.

MEMBERSHIP

We offer a one time visit and if you enjoy it we encourage you to complete a membership packet. A Peer Support Specialist can help with this process. Membership is free and allows you to utilize the resources Safe Haven offers.



GROUP CLASSES

Groups are staff and peer led. Join us to learn about:

- cultural exploration
- money management
- life's journey
- positive affirmations
- and more!

Please contact us if you would like to become a group leader.

LEADERSHIP

Safe Haven's Leadership Committee consists of a president, vice president, and three board members who meet monthly to discuss strengths and challenges of the program. Leadership provides their feedback to the department to aid in improving the efficiency of daily operations at Safe Haven.



RESOURCES

Safe Haven has great resources for our members such as a food pantry, computer lab, clothing closet and access to a laundry room. Safe Haven's Peer Support Specialists can assist in linking members to other resources in the community.

