March 2023

Safe Flage of Sa

Safe Haven Wellness & Recovery Center 124 E. Webster Street – Colusa, CA 95932 (530) 458 – 0799

OPEN: Mon. – F	ri. 9AM – 4PM	SS & RECOVERY	(530) 458 – 0799		
Monday	Tuesday	Wednesday	Thursday	Friday	
30	31	1	2	3	
		9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	
		11:30AM – DAILY AFFIRMATIONS	10:00AM – WELLNESS & RECOVERY SUPPORT	10AM – ARTS & CRAFTS 1PM – MEMBER	
		MOVIE AFTERNOON		MEETING	
6	7	8	9	10	
9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	
10AM – COLORFUL CREATIONS	10:30AM – TEAM BUILDING	11:30AM – DAILY AFFIRMATIONS	10:00AM – WELLNESS & RECOVERY	10AM – ARTS & CRAFTS	
11AM – ANIMAL FACTS (member led)	11:30AM – HEALTHY HABITS	1PM – CULTURAL EXPLORATION	SUPPORT 11AM – TECH 101	1PM – MEMBER MEETING	
2:30PM – RELAPSE PREVENTION	BOARD GAME AFTERNOON	2:30PM – Safe Haven Leadership Meeting	12:30PM – March Birthday Bash	MEETING	
13	14	15	16	17	
9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	
10AM – COLORFUL CREATIONS	10:30AM – TEAM BUILDING	11:30AM – DAILY	10:00AM – WELLNESS	10AM – ARTS &	
11AM – ANIMAL FACTS (member led)	11:30AM – HEALTHY HABITS	AFFIRMATIONS	& RECOVERY SUPPORT	CRAFTS 1PM – MEMBER	
2:30PM – RELAPSE PREVENTION	BOARD GAME AFTERNOON	MOVIE AFTERNOON		MEETING	
20	21	22	23	24	
9AM - COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	
10AM – COLORFUL CREATIONS	10:30AM – TEAM BUILDING	10AM – TOBACCO CESSATION	10:00AM – WELLNESS & RECOVERY	10AM – ARTS & CRAFTS	
11AM – MONEY MANAGEMENT	11:30AM – HEALTHY HABITS	1PM – CULTURAL EXPLORATION	SUPPORT	1PM – MEMBER MEETING	
2:30PM – RELAPSE PREVENTION	BOARD GAME AFTERNOON	2/11 2010 111011			
		CLOSED 2PM – 4PM			
27	28	29	30	31	
9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	9AM – COFFEE SOCIAL	CLOSED - HOLIDAY	
10AM – COLORFUL CREATIONS	10:30AM – TEAM BUILDING	11:30AM – DAILY	10:00AM – WELLNESS		
11AM – ANIMAL FACTS (member led)	11:30AM – HEALTHY HABITS	AFFIRMATIONS	& RECOVERY SUPPORT		
2:30PM – RELAPSE PREVENTION	BOARD GAME AFTERNOON	MOVIE AFTERNOON	11AM – TECH 101		