

March 2023



OPEN: Mon. – Fri. 9AM – 4PM

Safe Haven Wellness & Recovery Center
124 E. Webster Street – Colusa, CA 95932
(530) 458 – 0799

Monday	Tuesday	Wednesday	Thursday	Friday
30	31	1	2	3
		9AM – COFFEE SOCIAL 11:30AM – DAILY AFFIRMATIONS MOVIE AFTERNOON	9AM – COFFEE SOCIAL 10:00AM – WELLNESS & RECOVERY SUPPORT	9AM – COFFEE SOCIAL 10AM – ARTS & CRAFTS 1PM – MEMBER MEETING
6	7	8	9	10
9AM – COFFEE SOCIAL 10AM – COLORFUL CREATIONS 11AM – ANIMAL FACTS (member led) 2:30PM – RELAPSE PREVENTION	9AM – COFFEE SOCIAL 10:30AM – TEAM BUILDING 11:30AM – HEALTHY HABITS BOARD GAME AFTERNOON	9AM – COFFEE SOCIAL 11:30AM – DAILY AFFIRMATIONS 1PM – CULTURAL EXPLORATION 2:30PM – Safe Haven Leadership Meeting	9AM – COFFEE SOCIAL 10:00AM – WELLNESS & RECOVERY SUPPORT 11AM – TECH 101 12:30PM – March Birthday Bash	9AM – COFFEE SOCIAL 10AM – ARTS & CRAFTS 1PM – MEMBER MEETING
13	14	15	16	17
9AM – COFFEE SOCIAL 10AM – COLORFUL CREATIONS 11AM – ANIMAL FACTS (member led) 2:30PM – RELAPSE PREVENTION	9AM – COFFEE SOCIAL 10:30AM – TEAM BUILDING 11:30AM – HEALTHY HABITS BOARD GAME AFTERNOON	9AM – COFFEE SOCIAL 11:30AM – DAILY AFFIRMATIONS MOVIE AFTERNOON	9AM – COFFEE SOCIAL 10:00AM – WELLNESS & RECOVERY SUPPORT	9AM – COFFEE SOCIAL 10AM – ARTS & CRAFTS 1PM – MEMBER MEETING
20	21	22	23	24
9AM – COFFEE SOCIAL 10AM – COLORFUL CREATIONS 11AM – MONEY MANAGEMENT 2:30PM – RELAPSE PREVENTION	9AM – COFFEE SOCIAL 10:30AM – TEAM BUILDING 11:30AM – HEALTHY HABITS BOARD GAME AFTERNOON	9AM – COFFEE SOCIAL 10AM – TOBACCO CESSATION 1PM – CULTURAL EXPLORATION CLOSED 2PM – 4PM	9AM – COFFEE SOCIAL 10:00AM – WELLNESS & RECOVERY SUPPORT	9AM – COFFEE SOCIAL 10AM – ARTS & CRAFTS 1PM – MEMBER MEETING
27	28	29	30	31
9AM – COFFEE SOCIAL 10AM – COLORFUL CREATIONS 11AM – ANIMAL FACTS (member led) 2:30PM – RELAPSE PREVENTION	9AM – COFFEE SOCIAL 10:30AM – TEAM BUILDING 11:30AM – HEALTHY HABITS BOARD GAME AFTERNOON	9AM – COFFEE SOCIAL 11:30AM – DAILY AFFIRMATIONS MOVIE AFTERNOON	9AM – COFFEE SOCIAL 10:00AM – WELLNESS & RECOVERY SUPPORT 11AM – TECH 101	CLOSED – HOLIDAY