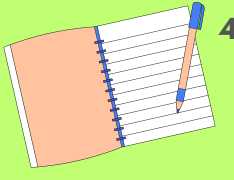
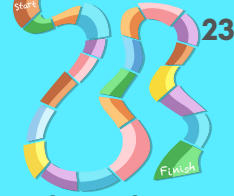


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
May is Mental Health Matters Month	1  Yoga 4pm - 5pm	2  Cultural Exploration 4pm - 5pm	3  Just Dance 4pm - 5pm	4  Therapeutic Art 4pm - 5pm	5	6
7 	8  Contactless Cardio Kickboxing 4pm - 5pm	9  Game Group 4pm - 5pm	10	11	12  Arts & Crafts 4pm - 5pm	13
14 	15  Yoga 4pm - 5pm	16  Cultural Exploration 4pm - 5pm	17  Parfaits & Paint 3pm	18  Therapeutic Art 4pm - 5pm	19	20  Cooking 101 12:00pm
21 	22  Contactless Cardio Kickboxing 4pm - 5pm	23  Game Group 4pm - 5pm	24	25 	26  Arts & Crafts 4pm - 5pm	27
28 	29 	30	31  Just Dance 4pm - 5pm	 May 2023 BRIGHT VISTA activity and group calendar		

OPEN: Mon., Tues., Thurs., Fri. 3pm - 6pm, Wed. 2pm - 6pm, Sat. 11am - 3pm

530-458-0755