



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

August 8th, 2023

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:01pm
2. Establish Quorum
 - a. Board Members in attendance: Debbie Hickel, Wally Osbourn, Rob Wilson, Alfred Sellers Jr.
 - b. Board Members not in attendance:
 - c. ***Quorum established***
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Haley Amundson, Mayra Puga, Chris Houston, Tony Hobson, Heather Bullis-Cruz, Bessie Rojas
 - b. Others in attendance: Kent Boes
4. Public Comment
 - a. The American Lung Association would like to conduct a presentation on smoking cessation. Would this be something board members think would benefit this advisory board? How would we like to respond to her inquiry?
 - i. Can we get information on this program and what does it consist of? We don't think the presentation would benefit this advisory board.
 - ii. Yes, we would be interested in this if the presentation could be round 15 minutes in duration.
5. Old Business:
 - a. None.
6. New Business:
 - a. Mrs. Hickel would like to address recruitment of a new behavioral health advisory board member. The board clerk usually advertises in the



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newspaper. Can we reach out to board clerk and see if they can run the ad?
Can we put this information on county website and Facebook?

7. Action Items:

- a. July minutes to be approved.
 - i. Rob made a motion to approve. Mr. Osbourn second. All present members in favor.

8. MHSA Update:

- a. Safe Haven Report: Ms. Puga reported that safe haven has been steady and membership has also been study. There has been up to 18 members a day. Still conducting groups which are going well. There hasn't been any events via Safe Haven recent.
- b. Bright Vista Report: Ms. Puga reported that bright vista finished up their field trips for the summer. They went to Cal Skate, the movies, Old Sac, the bowling alley, park picnics, and various activities at the site.
 - i. Bright Vista will be going back to school hours starting 8/20/2023
 - ii. Discussion about a recruitment of a youth aged member for our advisory board. We will continue to discuss this topic. Slightly difficult for them to attend due to school.
 - 1. We could change our board meeting to 3:30pm
 - 2. We could change to Wednesdays when they get off early

9. Director's Report:

- a. Mr. Hobson reported that last meeting he talked about MAT grant that he was working on he got it \$86k. plan and implementation grant through health plan associates now of budget and getting an MOU and take it to BOS for approval. Funding to develop a structured program to jail to administer suboxone and other MAT SUD. The sheriff endorsed it and signed letter of support. Always risks associated when doing jail-based health care. A big thing for Colusa county would be to seek accreditation from a national accrediting body. When tony talked to funders yesterday he wants to use these dollars to support foundational work to achieve in the jail. Nice road map to follow. Wants to get MAT accredited to follow very solid set of standards. On board to send us to St. Louis for national conference to learn about the standards and network with other correctional partners. Not a departure from what they funded before. Once budget is done will send to BOS for approval.



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- b. Senate bill 326 Eggman. On modernization of MHSA. There are many issues from a small county perspective. Funding components MHSA-CSS-PEI-INN-CFT-WET. They want to smash them together and say 30 goes to housing and 30 to FSP and 15 community intervention and leftover to SUD.
 - i. Kent asked how much has to or goes to housing, it is 35k. they want us to spend 848k+ on housing. Tony will meet with Kent to discuss this topic.
 - ii. We have 29 FSP for staffing that's about max we can handle right now. We shouldn't need to pull people. Want 848k on FSP. We spent 37K last year.
 - iii. It is very fluid still. Mr. Hobson will update us each meeting when he has new information.
- c. Rancho Colus has graders on site.
- d. Mr. Hobson asked if we want to do a board setting meeting. There may be some things that the board would like to see. Meet and discuss agenda and prepare agenda for the upcoming board meeting.
 - i. Debbie said it was a great idea.
 - ii. Mr. Hobson said sit down with Haley and Bonnie and members to discuss what this agenda will look like and creation of it. Two weeks from now we can meet. Haley send out calendar invite to Tony, Bonnie, and members.

10. Program Integrity:

- a. Mrs. Bullis-Cruz emailed her data to board members. Her reports have been changing. She has been reporting on CAPs, nothing has changed. She will continue to report on this. Still waiting to hear from state on triannual. Sud caps are still being worked on. QIC took place today and heather discussed test calls which have improved tremendously.

11. Quality Assurance:

- a. Mrs. Rojas does not have a data set to and out today. We are using on new electronic health record and we have not been able to pull the reports needed as of yet. We should have reports by net meeting.
- b. We had EQRO last week. It went really well and didn't have many questions. A few areas that we can improve on.



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- c. We had QIC today. That meeting went very well. Just a few areas of improvement. A lot of it has to do with staffing, still down 5 therapists.

12. PRA Report:

- a. Mrs. Houston reported we had our first 5150 certification hearing. She reported AB 2275 was a new law that came into effect that requires a hearing when folks are being held over 72 hours on a 5150 hold. We have very few compared to other counties. In process of training Kelly Roberts who works for Auburn to cover for Chris when she is gone.
- b. Two active grievances. In that last quarter we had 4 that became grievances or appeals. We had a couple calls to call line that were unintelligible, and when called back there was no answer. Pleased with how staff has supported folks that are filing grievances. Feel like systems are working, either via written form or via call line after hours.

13. Chairperson's Report:

- a. Mrs. Hickel has nothing to report at this time.

14. Board of Supervisor Report:

- a. Mr. Boes stated he is looking at the MHSA reform, he is trying to lobby some changes. Will meet with Mr. Hobson to discuss how it affects us locally. Meeting is on Thursday and will be advocating for us. Very focused on the MHSA reform. Hopefully he will have more to report on this next month.

15. Adjournment – Meeting adjourned at 3:56pm

Next meeting scheduled for: September 12th @ 3:00pm

Minutes completed by: Haley Amundson