



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

January 9th, 2024

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:04pm
2. Establish Quorum
 - a. Board Members in attendance: Wally Osbourn
 - b. Board Members not in attendance: Rob Wilson, Alfred Sellers Jr.
 - c. ***Quorum not established***
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Bessie Rojas, Jeannie Armstrong, Mayra Puga, Haley Amundson, Heather Bullis-Cruz, Tony Hobson, Chris Houston
 - b. Others in attendance: Kent Boes
4. Public Comment:
 - a. None.
5. Old Business:
 - a. None.
6. New Business:
 - a. None.
7. Action Items:
 - a. December minutes to be approved.
 - i. Cannot approve today as there is no quorum.
8. MHSA Update:



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- a. Safe Haven Report: Ms. Puga reported new group at Safe Haven in English and Spanish, one week English one week Spanish. Group topic will be on self-worth. Behavioral Health staff will be leading this group.
 - i. Ms. Puga reported Safe Haven had their yearly calendar is completed. The members submitted their artwork and there is a piece of art each month featuring a member.
 - b. Bright Vista Report: Ms. Puga reported they will be having their “Pizza my Heart” event for Valentine’s day. They will be making their own pizzas. We will be sending them invitations home. We will also be sending the current members candy-grams to their school locations.
 - c. Ms. Puga reported she will be holding her MHSA stakeholder meetings. She has passed around flyers. The flyers are also posted on our website and Facebook, and posted in various locations. Two meetings via Zoom, one meeting at the Colusa Library, one meeting at the Williams library.
9. Director’s Report:
- a. Mr. Hobson reported that he is happy to say we are almost fully staffed, only one therapist vacancy at the moment to fill. We have instituted retention and recruitment program. It has had some effect. We have a great team right now. Three applicants being interviewed for the vacancy this week. Two mental health specialist vacancies, one of those who were promoted to therapist. Will start recruitment soon. We have one case manager vacancy.
 - b. Reform coming our way. Supervisor Boes has helped get us out of the 35% housing allocation. We are still figuring out numbers for this now.
 - c. Mobile crisis benefit – Medi-Cal plan for Colusa county effective June 30 of 2024. We are rural and were given an extension. Recruitment is difficult. Small county director call yesterday some of the data came out that 5 counties implementation plan has been approved, 11 conditionally approved, the rest still not operating. We are not alone. It is difficult to fill this gap. We can foresee some of the problems. We are internally preparing- we have dedicated crisis team in house right now. for us to respond in a mobile effort will be different. a properly trained staff can respond to this call, not only therapist. We have asked all clinical staff to take this training. They will be shadowing current crisis staff, so they can learn the ropes and learn best practices. We will have staff on rotation for



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this, we do not want to burn out staff. They will be doing this only during business hours. By the time July 1 comes around we should be fully trained in house.

- i. Kent asked if this is a capacity issue, funding issue? What is the main issue? He will be attending Medi-Cal conference in a few months.
 1. Tony said its always capacity, even though we are almost fully staffed.
 2. Funding- DHCS has not figured out for rates for small counties yet due to lack of volume, not consistent volume.
 3. Keep existing structure and add to it. The state is requiring us to go above and beyond CMS requirements.

d. Mr. Hobson senate bill 43 – amend LPS legislation. Add SUD. If you are considered disable due to substance use you can be conserved. How do you define this? No criteria on this at all. There is no where to place individuals. Mr. Hobson appreciates our BOS because they are up to date on these legislations.

e. ARF and Cyprus House still in progress. Costs have gone up. Mr. Hobson will be meeting with the BOS about this topic at the end of this month.

f. Jeannie asked about the new housing. The building is growing up fast. Kent asked regional housing update said things are moving right along. It will be considered workforce housing.

10. Program Integrity:

- a. Mrs. Bullis-Cruz did fraud waste abuse training in December. Did two this year. Part of the reason is that is the way we will be audited by the state. Keep reviewing.
- b. A lot of new things from state coming down – CAPS, BINS, etc. Heather has created spreadsheet for all items due and who should be lead on item.
- c. There have been 5 BINS for this year.
 - i. New opioid settlement coming out and how to use funding and reporting.
 - ii. Mobile narcotic treatment. Notice says you can apply and be certified for this.



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iii. QA performance measures. Notice says get a minimum performance level, EQRO will establish through audits and review. There is a base year and improve from there. Recoupments attached is we don't meet goals.

d. Test calls going good. Still in process of getting after hours staff into our electronic health record. We are passing.

11. Quality Assurance:

- a. Mrs. Rojas emailed her QA report out. She has meeting Thursday from Smartcare and report writing team, hopefully they can help her run reports.
- b. Overall decrease in SUD. increase in MH, increase in Med, increase across the bord. Crisis significant 25 to 33, during holidays to be expected.

12. PRA Report:

- a. Mrs. Houston reported there were no new grievances for December 2023. There was one appeal that was closed out, and another grievance that was closed. Ms. Houston stated that CCBH informed her that a 5150 hearing may take as a client was on a hold and nearing the end of their 72 hrs., but a placement was made in time and the hearing was no longer needed.

13. Chairperson's Report:

- a. No report.

14. Board of Supervisor Report:

- a. Supervisor Boes stated that the BOS will be making new departmental assignments next week. He may continue to be placed with Behavioral Health or another Board of Supervisor may be assigned. He stated he would be happy to continue to work with the department either in this role or, if not assigned, directly with the BH Director to continue the efforts and progress made to date.

15. Adjournment – This meeting was adjourned at 3:42pm

Next meeting scheduled for: January 9th, 2024

Minutes completed by: Haley Amundson