



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

April 9th, 2024

At Colusa County Department of Behavioral Health

Room 102

162 E. Carson St., Colusa, CA 95932

and via Zoom

1. Meeting was called to order at 3:02pm
2. Establish Quorum
 - a. Board Members in attendance: Wally Osbourn, Rob Wilson, Alfred Sellers, Jr.
 - b. Board Members not in attendance:
 - c. ***Quorum established***
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Haley Amundson, Jeannie Armstrong, Bessie Rojas, Heather Bullis-Cruz, Ivan Martinez
 - b. Others in attendance: None
4. Public Comment:
 - a. None.
5. Old Business:
 - a. None.
6. New Business:
 - a. None.
7. Action Items:
 - a. December, January, February and March minutes to be approved.
 - i. Mr. Wilson motioned to approve all minutes.
 1. Mr. Sellers Jr. seconded this motion. All members in favor.
8. MHSA Update:



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

- a. Safe Haven Report: We are still very busy with members participating, Averaging 15 to 24 members per day. With the help of Mrs. Bullis-Cruz we have been cooking nutritious meals on Wednesdays. Members have enjoyed the meals. While reviewing the MHSA plan we looked at budget and there is a decent budget to continue the meals on Wednesdays. Might have to reword program description in the upcoming years to include prevention efforts.
 - i. Working on May is Mental Health Matters Month activities. We will be holding our own Safe Haven event. The behavioral health department is welcome to hold additional activities within their teams.
 - b. Bright Vista Report: The site is now back open. All building maintenance is done. Last week they did their spring break activities. The youth visited the bowling alley and had a park picnic. They will be at the family fair this Saturday 4/13.
 - c. We are working on the MHSA annual update and looking at current programs or potential new programs. It is in draft then it will go to the community for 30-day review. We have already got feedback from stakeholder meetings. After the 30-day review will come back to advisory board meeting. If advisory board members can be in attendance next month so we can approve the plan at May 14th meeting.
 - i. MHSA corrective action plans are written in the current plan. Such as projected age group served for next year and cost per person for the next year. The state wants us to be transparent.
9. Director's Report:
- a. Mr. Hobson is not present.
 - i. Mrs. Armstrong reported mobile crisis benefit will be starting July 1st. Medi-Cal beneficiaries will have that benefit available to them. We will put a team together for this.
 - 1. Mr. Wilson stated he supports this idea.
 - ii. We are trying to get medication assisted treatment in the jail, which will also be provided in clinic when established. Looking at best practice and formulating policies and procedures. Hopefully this will be in place by next year.



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

- iii. A new Medi-Cal benefit that will roll out approx. October 2024. We will provide Medi-Cal services to inmates in jail 90 days pre-release so we can coordinate services in office.
 - 1. Mr. Wilson supports this idea.

10. Program Integrity:

- a. Mrs. Bullis-Cruz discussed chart reviews. The doctors are making sure other doctors paperwork is accurate and appropriate. We had been working to get this in place for months, it is finally in place.
- b. Quality assurance team has a meeting tomorrow with partnership managed care plan. We will be discussing potentially providing information on plan members, so we can follow up with them and make sure they are getting into services when they have a need. It will probably be a manual process at this point.
- c. SUD caps: we have been working on these. DMC caps: working on these also. A couple more we need to submit and hopefully they will get approved. Our SABG caps just came in, we have been reviewing.
- d. The main thing we are working on is communication and delivery from hospital to behavioral health so we can get emergency room patients into services if needed.

11. Quality Assurance:

- a. Mrs. Rojas emailed her data. She reported that SUD services have gone up which is great. Clients served went up as well. We had a big increase in therapy services. Medication services are going onward and upward. Services are going great with psychiatrists. Crisis services have gone down. Penetration rate we are not able to pull yet, we are still working with SmartCare on this issue.

12. PRA Report:

- a. There was no grievances for the month of March.

13. Chairperson's Report:

- a. No report.

14. Board of Supervisor Report:

- a. No report.



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

15. Adjournment – This meeting was adjourned at 3:29pm

Next meeting scheduled for: May 14th, 2024

Minutes completed by: Haley Amundson