

## COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

### MINUTES

Meeting was held on

### **January 14<sup>th</sup>, 2025**

At Colusa County Department of Behavioral Health Room 102 162 E. Carson St., Colusa, CA 95932 and via Zoom

- 1. Meeting was called to order at 3:07pm
- 2. Establish Quorum
  - a. Board Members in attendance: Walter Osbourn, Alfred Sellers Jr, Jesse Marquez
  - b. Board Members not in attendance: Rob Wilson
  - c. Quorum established
- 3. Meeting Participants:
  - a. Behavioral Health staff in attendance: Jeannie Armstrong, Bessie Rojas, Heather Bullis-Cruz, Mayra Puga, Tony Hobson, Chris Houston
  - b. Others in attendance: Merced Corona, County Board of Supervisor
- 4. Public Comment:
  - a. None.
- 5. Old Business:
  - a. None.
- 6. New Business:
  - a. None.
- 7. Action Items:
  - a. None.
    - i. November meeting minutes were unavailable for review and will be brought forth during February's meeting.
- 8. MHSA Update:



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- a. Safe Haven Report: Ms. Puga reported Safe Haven has been doing well and has been averaging 20 members per day. One of the building heaters is not working but small space heaters have been keeping the lobby area warm. We have been told the part to fix the heater should arrive soon. The new Peer Support Supervisor position has been filled and the employee's first day is next Tuesday. We are all excited to meet her.
- b. Bright Vista Report: Bright Vista has been closed due during the month of January due to staff shortage. The two previous part-time Peer Support Specialists moved on to full-time positions outside of CCBH. We are hopeful to hire for these positions soon.
- c. Ms. Puga reported she is currently working on a draft version of the FY25-26 MHSA Plan. The process kicks off with Stakeholder meetings that are being offered in-person and via zoom. Flyers are available in English and Spanish and Ms. Puga invited all to attend a meeting to provide feedback
  - i. Tues. January 21st at 12pm via Zoom
  - ii. Thurs. January 30<sup>th</sup> at Williams Library
  - iii. Fri. February 28th via Zoom
  - iv. Mon. February 10<sup>th</sup> at 12pm at Behavioral Health

#### 9. Director's Report:

- a. "Happy New Year. Welcome to 2025", stated Dr. Hobson. He shared that our Board of Supervisors approved an updated job description to our Peer Support Specialist position in today's BOS meeting. This position will no longer be tethered to a drop-in center but can serve clients in the community such as at the Jail or at a Mobile Crisis location. The updated job description now requires Peer Support Specialists to become certified in order to bill Medi-Cal, but that also comes with a salary increase for the position.
- b. Dr. Hobson reported that last month the department had their integrated triennial review for FY23-24. CCBH staff met with DHCS for 2 weeks to review our programs to ensure regulatory compliance. Dr. Hobson believes that there will not be any recoupment but some compliance deficiencies were found that will result in a corrective action plan.
- c. "In January of 2024, we were informed that all AOD programs will need to be certified by January 2025 in order to provide substance use treatment. This certification comes on top of us already being certified for



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Drug Medi-Cal", said Dr. Hobson. We were able to compile all of the necessary documents DHCS was looking for to ensure we were in compliance with AOD regulations, and we just recently received our certification to outpatient SUD which includes Medication Assisted Treatment (MAT). Dr. Hobson shared that we are off and running, but the county jail has a separate provider and process for MAT, so those details are yet to be worked out.

#### 10. Program Integrity:

a. Mrs. Bullis-Cruz reported on the month of December regarding data for both Mental Health (MH) and Substance Use Disorder (SUD) intakes. This data includes the timeliness of appointments, the number of "Shows", "Cancellations", and "No Shows", and the count of clients who needed an interpreter. Mrs. Bullis-Cruz stated that for MH intakes, we had a decrease in the number of individuals requesting MH intakes most likely due to the holidays. We still did great with minimal wait days. We had a low amount of requests for SUD intakes. The average wait time for an SUD intake still falls within the state standard of 10 business days. We continue to see that "Cancellations" and "No Shows" is a challenge for this population.

#### 11. Quality Assurance:

a. Mrs. Rojas emailed her data which included the month of November, December, and the year 2024 in review. She reported that our numbers across the board are relatively low for December due to the holidays. In 2024, there were 1,855 SUD services provided. In 2024, the following MH services were provided:

i. Assessment: 687 services

ii. Rehab: 2,449iii. Therapy: 4,641

iv. Medication Support: 1,482v. Case Management: 3,148

vi. Crisis: 363

vii. Mobile Crisis: 39

#### 12. PRA Report:

a. Mrs. Houston stated we had three grievances within the last quarter. All grievances have been resolved. The three grievances were all regarding CCBH staff not getting back to clients timely. Mrs. Houston also mentioned that she did not have any 5150 hearings for the month of December.



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- 13. Chairperson's Report:
  - a. No report.
- 14. Board of Supervisor Report:
  - a. Supervisor Corona stated that he was happy the Board of Supervisors supported our Behavioral Health Director's efforts in updating the Peer Support Specialist job description.
- 15. Adjournment This meeting was adjourned at 3:24pm

Next meeting scheduled for: February 11th, 2025

Minutes completed by: Jeannie Armstrong