

MINUTES

Meeting was held on

March 11th, 2025

At Colusa County Department of Behavioral Health Room 102 162 E. Carson St., Colusa, CA 95932 and via Zoom

- 1. Meeting was called to order at 3:02pm
- 2. Establish Quorum
 - a. Board Members in attendance: Alfred Sellers Jr , Walter Osbourn, Rob Wilson
 - b. Board Members not in attendance: Jesse Marquez
 - c. Quorum established
- 3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Mayra Puga, Tony Hobson, Bessie Rojas, Chris Houston, Jeannie Armstrong,
 - b. Others in attendance: None
- 4. Public Comment:
 - a. None.
- 5. Old Business:
 - a. None.
- 6. New Business:
 - a. Add the action item of approving January minutes to today's agenda
- 7. Action Items:
 - a. January and February minutes to be approved.
 - i. Mr. Osbourn motioned to approved minutes. Mr. Wilson seconded the motion. All present members in favor.



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ii. November meeting minutes were unavailable for review and will be brought forth during April's meeting.

8. MHSA Update:

- a. Ms. Puga reported she has completed all MHSA Stakeholder meetings and she provided a summary of the comments and questions that she received during these meetings. These comments and questions will be written within the MHSA Annual Update. Ms. Puga is currently working on the draft plan for the 30 day review and is also waiting for data from different programs to incorporate. Ms. Puga will post the draft plan of the MHSA Annual Update on our Behavioral Health website, and will take copies of the plan to Safe Haven, Bright Vista, PATH, and all the county libraries. The draft plan will post for 30 days to allow for community member feedback.
 - i. Dr. Hobson asked if the training for SUD Certification was added in to this year's annual plan. Ms. Puga verified that it will be going into this next plan as a new program for FY25-26.
- b. Safe Haven Report: Ms. Puga reported that Safe Haven is having 20-25 members utilized the center daily. "Staff are busy providing resources, giving one-on-one support, and planning for our St. Patrick's Day Party".
- c. Bright Vista Report: Bright Vista still remains closed as we are short staffed. We have Peer Support Specialists interviews this week and hope to find qualified applicants to fill the two vacant positions.
- d. The Behavioral Health Services Act (BHSA) Policy Manual has been finalized. It provides counties with guidance on how to implement BHSA and behavioral health policy reforms that have occurred through the passing of Prop 1. It discusses being an integrated plan and providing more fiscal transparency of programs. Ms. Puga stated she will send out a link to the full manual (also found here: 1. Policy Manual Introduction).

9. Director's Report:

a. Dr. Hobson mentioned that the department has been completing a lot of work based on new legislation such as Mobile Crisis, Jail In-Reach, and Care Court. Mobile Crisis is fully implemented, we are now in the phase of policy and procedure development for Jail In-Reach, and have started to collaborate with our two new judges for Care Court.



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- b. Our department is becoming more of an integrated care system; merging mental health and substance use disorder treatment. Our SUD treatment can be improved in breadth and depth by adding an Intensive Outpatient Program (IOP).
- c. With the passing of Prop 36, courts can now mandate individuals into substance use treatment programs. Thus, Behavioral Health will being hiring two new SUD Counselors and advertising to hire a therapist to work within our jail and with our courts.
- d. Within our next MHSA Annual Update, we will be utilizing Workforce, Education, and Training (WET) funds to provide the opportunity to case managers and mental health specialists to earn a SUD Counselor Certification. With enrollment into a SUD Counselor program, staff will be able to administer the ASAM to determine level of care for clients with a substance use disorder.
- e. When our staff are trained in ASAM, we can integrate our MH and SUD walk-in intakes, expand services to include IOP, and utilize the Matrix Model for SUD services.

10. Program Integrity:

a. Mrs. Bullis-Cruz was absent this meeting. However, Mrs. Armstrong shared her data for the month of February regarding Mental Health (MH) and Substance Use Disorder (SUD) intakes. This data includes the timeliness of appointments, the number of "Shows", "Cancellations", and "No Shows", and the count of clients who needed an interpreter. It was noted that there is a difference in timeliness for MH and SUD intakes. SUD intakes had an average wait time that was 5 days more than MH intakes.

11. Quality Assurance:

a. Mrs. Rojas shared her data that included the month of February and January for comparison purposes. Mrs. Rojas reported there was a slight uptick in all services except for Medication Management. There was zero (0) mobile crisis services delivered, but Mrs. Rojas mentioned that this may be a data error so she would double check with the electronic health record staff (after the meeting, Mrs. Rojas sent a correction with the mobile crisis services being 1 for the month of February and 6 in January).



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- 12. PRA Report:
 - a. Mrs. Houston stated that, "there were no grievances and no 5150 hearings in February".
- 13. Chairperson's Report:
 - a. No report.
- 14. Board of Supervisor Report:
 - a. Supervisor Corona was absent. No report provided.
- 15. Adjournment This meeting was adjourned at 3:34pm

Next meeting scheduled for: April 8th, 2025

Minutes completed by: Jeannie Armstrong