



COLUSA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD MINUTES

Meeting was held on

April 8th, 2025

At Colusa County Department of Behavioral Health
Room 102
162 E. Carson St., Colusa, CA 95932
and via Zoom

1. Meeting was called to order at 3:03pm
2. Establish Quorum
 - a. Board Members in attendance: Alfred Sellers Jr , Walter Osbourn, Rob Wilson
 - b. Board Members not in attendance: Jesse Marquez
 - c. ***Quorum established***
3. Meeting Participants:
 - a. Behavioral Health staff in attendance: Mayra Puga, Tony Hobson, Bessie Rojas, Chris Houston, Jeannie Armstrong Maria Duran, Jude Ten Bear
 - b. Others in attendance: Manuel Flete Medina, CalBHB
4. Public Comment:
 - a. None.
5. Old Business:
 - a. None.
6. New Business:
 - a. None.
7. Action Items:
 - a. March minutes to be approved.
 - i. Mr. Wilson motioned to approved minutes. Mr. Osbourn seconded the motion. All present members in favor.



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8. MHSA Update:

- a. Ms. Puga reported she has completed all MHSA Stakeholder meetings and we are moving forward with the community planning process by posting our final MHSA Annual Update on Friday, April 11th. She shared that the plan will also be available at specific locations such as Safe Haven Wellness and Recovery Center, Practical Actions Towards Health, all branches of the County Library, at our Behavioral Health Office, and also available online via our county website.
- b. Safe Haven Report: Ms. Puga reported out on Safe Haven's St. Patrick's Day Party. The event was well received by members who enjoyed a luncheon of corned beef and cabbage and listened to one member's recovery journey.
- c. Bright Vista Report: Bright Vista still remains closed as we are short staffed. We had Peer Support Specialists interviews and offered one position. The position is still flying as we have a second position to fill.

9. Director's Report:

- a. Dr. Hobson stated it was a pleasure and an honor to present to the Board of Supervisors early today regarding Mobile Crisis. Dr. Hobson mentioned that Mobile Crisis services went live on 7/1/2024 and since then to 3/31/2025:
 - i. 246 individuals have been assessed for crisis and their need for a 5150 hold and higher level of care
 - ii. Of those 246 individuals, 194 individuals received a crisis service in-office while 52 individuals received a mobile crisis service
 - iii. 204 of the individuals were able to plan for safety and remained in the community, and 42 individuals were placed on a 5150 holdDr. Hobson reported that it costs over \$1.1 million to operate mobile crisis but in the last nine months we have only billed out \$314,000. However, mobile crisis is a mandated service. It also costs around \$74,000 for sitter services at the hospital.
- b. "Prop 36 has passed and went into effect on January 1st (2025)," stated Dr. Hobson. Our department will be collaborating with the District Attorney's Office, Probation, and the Courts to determine the best way to provide this quality of care. With our two new Counselor hires as part of the SUD Team, we will be moving forward with offering an Intensive Outpatient



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service, and we are planning to be operational by May 1st. We will also be training more staff to complete ASAM Assessments to be able to support our community's substance use treatment requests and needs.

- c. May is Mental Health Awareness Month. The number of incarcerated individuals with mental health issues far exceed the general population. As we continue to work towards National Commission on Correctional Health Care (NCCHC) accreditation, we have been offering services within our local jail to support these individuals receiving mental health treatment. Discussion was had regarding the services offered and the continuum of care available.

10. Program Integrity:

- a. Mrs. Bullis-Cruz shared her data for the month of March regarding Mental Health (MH) and Substance Use Disorder (SUD) intakes. This data includes the timeliness of appointments, the number of "Shows", "Cancellations", and "No Shows", and the count of clients who needed an interpreter. "SUD wait days declined", mentioned Mrs. Bullis-Cruz. There was an increase for request for SUD services after the first of the year compared to later months in 2024. The wait days for Mental Health intakes is almost not reportable because we are providing services the day of the request.

11. Quality Assurance:

- a. Mrs. Rojas shared her data that included the month of March and February for comparison purposes. Mrs. Rojas reported there was an increase in Mobile Crisis services. Other mental health services such as therapy, rehab, case management, and medication support have had steady numbers.

12. PRA Report:

- a. Mrs. Houston stated that, "there were no grievances and no 5150 hearings in March".

13. Chairperson's Report:

- a. No report.

14. Board of Supervisor Report:

- a. Supervisor Corona stated, "Kudos to the Crisis Response Team". The Board of Supervisors is very pleased with the team's ability to respond to



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the community needs, and that they received a stand ovation today during the BOS meeting. “Great work, great job”, said Supervisor Corona.

15. Adjournment – This meeting was adjourned at 3:23pm

Next meeting scheduled for: May 13th, 2025

Minutes completed by: Jeannie Armstrong