## BRIGHT VISTA 2025

Bright Vista
Youth Center
304 5th Street
Colusa, CA

						(0.12
Hell	Monday	Tuesday	Wednesday	Thursday	Friday	
novemb	Group: Healthy Community	4 Group: Active Communication	5 Group: Listening Comprehension	6 Group: Non-Verbal Cues	Group: Discussion & Debate	
	Group: Team Challenges	CLOSED	Group: Value-Based Leadership	Group: Power of Delegation	Group: Showing your Vision	600
	Group: Stress Response	Group: Coping Toolbox	19 Group: Mindfulness & Movement	Group: Gratitude Practice	21 help eve Group: Coping Corner	mework offered ry day!
	Group: Budgeting Reality	Group: Resume & Digital Foodprint	26	Happy Thanksgiving	28	









